

Lent Calendar 2020

February

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March

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23

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April

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31

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Think about...



As Lent begins, we remember how Jesus spent 40 days in the desert.

While Jesus was in the desert he had very little to eat or drink.

There are many people around the world who do not have the rights to basic things like enough food or clean water.



Throughout Lent we will think about our neighbours around the world who are defending their rights.

[Click here](#) for a Lent liturgy
(perfect for Ash Wednesday)





Act



This Lent, we are thinking about the people who live in the Amazon rainforest area.

More than a football pitch of the rainforest is being lost every minute.

Watch our film to find out more





Pray

Light a candle and pray for all our global neighbours, using this film.





Pray

This is Davi. He lives in Brazil. He is part of a group called the Yanomami people, who live in the Amazon rainforest.

He says “Think of the Earth. It is life. The forest is life. Water is life.”

“We want them [the people in the cities] to listen and believe us...to see the pollution, destruction, poverty and illness.”



Loving God,
fill our hearts with compassion
for the earth and all its peoples.
Lead us to be good neighbours
to all who are in need.

Amen





It's Fairtrade fortnight.

Find out whether your local shop sells Fairtrade Easter eggs. If not, ask them why not and if they will stock them next year.

Find our Fairtrade resources here



Pray 

Give 

This Lent, schools in England and Wales are holding fun football fundraisers to help the people of the Amazon.

There are lots of ways you can do this!

Find out more at cafod.org.uk/primary



Lord,
may my support bring hope to people who are in difficulty around the world. May they know that you are with them and that they have sisters and brothers who care for them.
Amen





Pray

Light a candle and say a prayer so all children around the world may have the basic things in life, like enough food or clean water.

Loving God,

Help us to work together to share what we have so that everyone has what they need. Help us to build a better world where each of us can become the best person we can be.

Amen



Friday 6 March

Today is Family Fast Day!

Hold a football fundraiser today to help people in the Amazon.

Use our Lent assembly today





Pray

This is Yesica. She lives in Peru. She is part of a group called the Harakbut people who live in an area of the Amazon rainforest.

She met Pope Francis when he visited the Amazon in 2018.

She says “The forest is our home, the river is our brother, as are all animals that live in the Amazon jungle.”

“Today this is being damaged, and we can no longer speak of living well while they destroy our home, the forest.”



Loving God,
fill our hearts with compassion
for the earth and all its peoples.
Lead us to be good neighbours
to all who are in need.

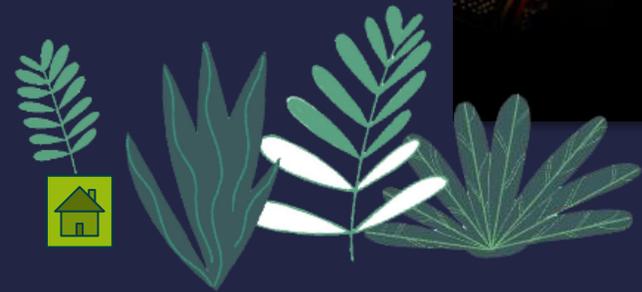
Amen





Pray

Light a candle and pray for our Earth, using this film.



Wednesday 11 March

Pray 

Give 

This Lent, schools in England and Wales are holding fun football fundraisers to help the people of the Amazon.

There are lots of ways you can do this!

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Penalty shootout!



Lord,
may my support bring hope to people
who are in difficulty around the world.
May they know that you are with
them and that they have sisters and
brothers who care for them.
Amen





Think about...



“I have come so that they may have life, and have it to the full”

John 10:10

Say these words together and spend some time today thinking about them.

- Where do these words come from?
- What do they mean?
- How can we live by them?





Pray

Light a candle and say a prayer so all children around the world may have the basic things in life, like enough food or clean water.

Loving God,

Help us to work together to share what we have so that everyone has what they need. Help us to build a better world where each of us can become the best person we can be.

Amen



Pray

This is Wanem. She lives in Brazil. She is part of a group called the Kanamari people, who live in the Amazon.

CAFOD has supported people like Wanem to learn about their rights.

She says, "Today we suffer more and more from seeing our land reduced and trees cut down."

The people have been learning about what rights they have, and how to defend the land.



Loving God,
fill our hearts with compassion
for the earth and all its peoples.
Lead us to be good neighbours
to all who are in need.

Amen



Tuesday 17 March

Pray 

Reflect on one of the
Stations of the Cross today.



Wednesday 18 March



Pray 

Give 

This Lent, schools in England and Wales are holding fun football fundraisers to help the people of the Amazon.

There are lots of ways you can do this!

Find out more at cafod.org.uk/primary



Lord,
may my support bring hope to people who are in difficulty around the world. May they know that you are with them and that they have sisters and brothers who care for them.
Amen





Act



What action will you take to show kindness to others today?

Think of at least three things you can do today and during the next week of Lent.

You could think of three different people to show kindness to, maybe someone you don't always get on with or someone you wouldn't normally talk to.





Act



Today is **International Day of Happiness.**

What action will you take to show kindness to others?

Think of at least three things you can do today and during the next week of Lent to help bring happiness to other people.



Monday 23 March



Pray

This is Fr Edwin. He lives in Colombia. He has been helping people living in the Amazon area for many years.

The area the people live in is under threat from mining companies.

He says “The wealth of these people is breathtaking. Mining would cause serious damage to the community and water sources.”



Loving God,
fill our hearts with compassion
for the earth and all its peoples.
Lead us to be good neighbours
to all who are in need.

Amen



Tuesday 24 March

Pray 

Reflect on one of the
Stations of the Cross today.





Pray



Find our annunciation
resources [here](#)

Today we celebrate a special day called the Annunciation.

It's the day when we celebrate the angel Gabriel visiting Mary to tell her the good news that she would be the mother of Jesus.

Let us pray

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary Mother of God, pray for us sinners, now and at the hour of our death.
Amen





Thursday 26 March

Pray 

Give 

This Lent, schools in England and Wales are holding fun football fundraisers to help the people of the Amazon.

There are lots of ways you can do this!

Find out more at cafod.org.uk/primary

Keepie Uppie competition!



Lord,
may my support bring hope to people who are in difficulty around the world.
May they know that you are with them and that they have sisters and brothers who care for them.
Amen





Pray

Light a candle and say a prayer so all children around the world may have the basic things in life, like enough food or clean water.

Loving God,

Help us to work together to share what we have so that everyone has what they need. Help us to build a better world where each of us can become the best person we can be.

Amen





Act



Easter is nearly here.

Start getting ready by
making Easter cards for
your family and friends.



Creator God,
open our eyes to see your
love throughout creation.
Inspire us to treat creation
and each other as you
would, with respect.

Amen.



Tuesday 31 March

Pray 

Reflect on one of the
Stations of the Cross today.





Give



There is still time to hold your fun
football fundraiser this Lent.

Find out more at cafod.org.uk/primary





Pray

Light a candle and say a prayer so all children around the world may have the basic things in life, like enough food or clean water.

Loving God,

Help us to work together to share what we have so that everyone has what they need. Help us to build a better world where each of us can become the best person we can be.

Amen





Pray

This Lent we have heard stories from people in different countries around the Amazon.

Pray for all the people of the Amazon.





Pray

This Lent, we are thinking about the people who live in the Amazon rainforest.

At least one football pitch of the forest is being lost every minute.



Creator God,
open our eyes to see your
love throughout creation.
Inspire us to treat creation
and each other as you
would, with respect.

Amen



Tuesday 7 April

Pray 

Reflect on one of the
Stations of the Cross today.





Pray

Light a candle and say a prayer so all children around the world may have the basic things in life, like enough food or clean water.

Loving God,

Help us to work together to share what we have so that everyone has what they need. Help us to build a better world where each of us can become the best person we can be.

Amen





Think about...



Holy Thursday

Today Jesus washed his disciples feet
at the Last Supper.

Think about how you can serve others.



Friday 10 April



Pray 

Good Friday

Say a prayer today for people around the world who live in poverty.

Remember those families that do not have basic things like food, housing and clothing.

