

We hope that traveling actively to school will be your first choice as most children live 1.5 miles or less from their primary school. However, we understand that it isn't always possible.

If you need to drive, please park considerably ensuring that you don't leave your engine running. If you are able then please park 5 – 10 minutes away from the school and walk or scoot the last section of your journey.



The physical and mental health benefits of fresh air and regular exercise that result from choosing these activities are well known, but teachers often report that children actually focus and learn better at school if they've been active. Active travel also reduces traffic congestion, improves local air quality and helps to make the roads around schools safer and calmer.

Parking restrictions are outside every school: inconsiderate parking is dangerous and reduces the safety of those that are walking, scooting, cycling or using a mobility aid. Failure to comply with the road markings could result in the issue of a fixed penalty notice. [The Highway Code - Road markings - Guidance - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

### Idling engines and keeping the air clean

Children are particularly susceptible to the impact of air pollution as they breathe faster than adults and they tend to be closer to the height of exhaust emissions. Exposure to air pollution puts them at greater risk of developing asthma and increases the frequency of asthma attacks. Air pollution from idling engines can drift across the school grounds where children are playing or taking part in sports activities.

**Do not leave your engine running when you are parked. 150 balloons' worth of toxic gases is realised from the exhaust every 60 seconds.**

