



# Spring Term Menu 2025



Starting 6<sup>th</sup> January (week 1) and alternate weeks until 4<sup>th</sup> April

## Week 1

## Week 2

<p><b>Monday</b></p> <p>Sausage &amp; tomato pasta bake, cheddar cheese, ciabatta &amp; baby leaves (G,C) or Jacket potato with cheese and beans (G, D) - Yeo valley yoghurt (D)</p>	<p><b>Monday</b></p> <p>Swedish meatballs, mashed potato, peas &amp; sweetcorn (G,D) or Falafel burger(G) - Yeo valley yoghurt (D)</p>
<p><b>Tuesday</b></p> <p>Battered chicken nuggets with oven chips and spaghetti hoops (G,D) or Macaroni &amp; leek cheese (G,D) - Melon or satsuma</p>	<p><b>Tuesday</b></p> <p>Beef spaghetti Bolognese with garlic bread (G,C) or Butternut squash &amp; pepper lasagne(G,D,C) - Honeydew melon</p>
<p><b>Wednesday</b></p> <p>Deconstructed plant-based cottage pie with broccoli florets (D) or Veggi dippers - Apple &amp; parsnip muffin (G,E)</p>	<p><b>Wednesday</b></p> <p>Sausage roll, baked beans &amp; diced potatoes (G,D,Su,So) or Veggi sausage roll (G) - Banana cake (G)</p>
<p><b>Thursday</b></p> <p>Roast turkey breast with mini-Yorkshire pudding, roasties, baby carrots &amp; peas (G, C, E) or Veggie roast (G, C) - Vanilla ice cream(D)</p>	<p><b>Thursday</b></p> <p>Roast leg of pork with roast potatoes. Cauliflower, swede &amp; peas(C,G) or Vegetarian roast (So,G) - Cranberry &amp; sunflower flapjack</p>
<p><b>Friday</b></p> <p>Fish star, herb diced potatoes &amp; sweetcorn (F,G) or Cheddar cheese panini (D,G) - Milk chocolate cookie (D,G,E)</p>	<p><b>Friday</b></p> <p>Fish cake, potato wedges and salad (F, G, D) or Mini pizza &amp; wedges(G,D) - Strawberry jelly &amp; ice cream (D)</p>

Contains:- **G** = gluten **S** = soya **D** = dairy **C** = celery **Cr** = crustaceans **E** = egg **B** = Fish **So** = Soya **Su** = Sulphite

Hot meals are available to order for all children.

Meals are free of charge for all children in Reception, Year 1 and Year 2

or at a cost of **£2.60** for children in Years 3 - 6.

All children are offered water with their lunch.

If your child has a food intolerance or allergy,

please make sure you have emailed the school office with details

– [office@st-marys.poole.sch.uk](mailto:office@st-marys.poole.sch.uk)



Children may also bring a packed lunch if they prefer,

however fizzy drinks, nuts, sesame or sweets may not be included in their packed lunch.

We are a nut free school so ask that no products containing nuts are brought to school please.